

## THE SERVICES

Counsellors at The GOALS Centre are all professionally trained and have extensive training and a wide range of experience.

- women's health
- relationship/separation issues
- childhood trauma
- child therapy
- grief and loss
- anger management
- domestic violence programmes
- domestic violence programmes for children
- sexual abuse counselling
- family therapy
- self-esteem/confidence
- assertive communication
- employment assistance service
- career/vocational
- refugee and migrant issues
- adolescents
- parenting issues
- men's issues
- conflict and mediation
- boundary issues
- depression
- stress and anxiety
- fears/phobias
- mental health issues
- work place stress management
- supervision
- FREE Parenting Through Separation Programme

## THE PEOPLE

**NEIL McPHERSON** MA, Dip. Rehab., MNZPps, M.I.C.P., Registered Psychologist, ACC approved.

Neil has a background in clinical, psychiatric, physical disability, rehabilitation and occupation/vocational work. Other specialised areas of work he has developed are in: sexual abuse counselling; other traumatic events (such as work accidents); workplace stress counselling, stress recovery; sexual offending behaviour; and violent offending. Neil is an accredited facilitator with Stopping Violence Services, and a Dept. of Courts registered DVA provider. He also has extensive experience in general group work facilitation.

**CATHY McPHERSON** MA (Appl.) in Social Work, Cert. Clinical Superv., CQSW, MANZASW. ACC and Family Court approved. Social Worker and Counsellor.

Cathy has a background in psychiatric and community social work. She works with women, children, couples and families with special interest in Narrative Therapy, and working with sexual abuse and domestic violence survivors. Cathy facilitates groups for sexual abuse survivors, and groups under the Domestic Violence Act for women and children who have experienced or witnessed domestic violence. Clinical supervision is offered to individuals and community groups.

**MORRIGAN SEVERS** Cert. in Counselling, MANZASW. ACC approved.

Morrigan has an extensive background in working with women survivors of domestic violence and sexual and psychological abuse. She is an accredited Facilitator for Stopping Violence Services and has eight years experience working with groups and individuals with issues of violence and abuse. She has a special interest in working with lesbian, gay and transgendered people.

**NOELINE ELLIS** MA(Hons) Social Work CQSW, Dip. Teaching, ACC approved.

Noeline has a background in working with young people with challenging behaviours and their families in statutory and educational settings. She also works with individuals struggling with grief and depression. She has a special interest in Narrative Therapy and also the use of strength-based Solution-Focused Brief Therapy and CBT. Noeline also offers clinical supervision to individuals from a variety of agencies.

**DR DEIRDRE LOVE** PSYCHIATRIST  
is available by appointment.

## REFERRALS

May be by the person themselves, family or friends, employer, agency referrer or General Practitioner.

## URGENT REFERRALS

Initial consultation guaranteed within 48 hours.

## FEES

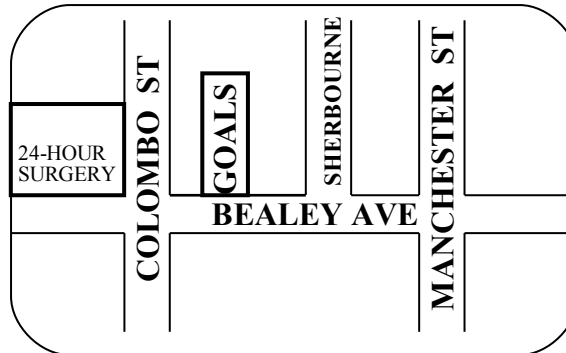
These are on a sliding scale and are negotiable on the basis of income. Assistance with fees may be obtainable through ACC\*, Family Court, NZCYPFS or Income Support.

*\* In accordance with our mission statement, there is minimal ACC surcharge to beneficiaries.*

## MISSION STATEMENT

The GOALS Centre is committed to providing a low cost, professional counselling service in a safe, accessible, caring and supportive environment.

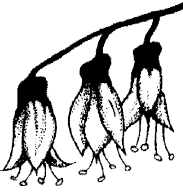
### Location:



### Bus Routes:

No. 14 - Colombo St

No. 16 - Manchester St



# THE GOALS CENTRE

- THERAPY
- COUNSELLING
- REHABILITATION
- CAREER COUNSELLING
- MEDIATION
- GROUPS
- TRAUMA COUNSELLING
- SUPERVISION
- EMPLOYMENT ASSISTANCE SERVICE

**165 Bealey Avenue,  
Christchurch 1.**

**Phone (03) 366-4132  
or fax (03) 366-4135  
for appointments and enquiries.**